

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Swedish Meatballs (b)
Rice
Daily Vegetable
Assorted Fruit

3

Breakfast
Sausage Breakfast Pizza (t)
Fruit & Juice

Lunch
Beef Nachos w/
Cheese Sauce
Black Beans
Fruit

4

Breakfast
French Toast Sticks
W/Syrup
Fruit

Lunch
Teriyaki Burger (b)
Daily Vegetable
Assorted Fruit

5

Breakfast
Pork Sausage
w/ Rice
Fruit & Juice

Lunch
Breaded Chicken Sandwich
(Regular OR Spicy)
Daily Vegetable
Fruit

6

Breakfast
Assorted Muffins
Fruit

Lunch
Cheese Plzza
Daily Vegetable
Fruit

Milk is Optional and Lunch time only (required at Breakfast)

9

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger (b)
Daily Vegetable
Fruit

10

Breakfast
Biscuit Sandwich
w/ Bacon (p) & Egg
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

11

Breakfast
Yogurt
Toast w/ Jelly
Fruit

Lunch
Chicken Nuggets
Rice
Daily Vegetable
Fruit

12

Breakfast
Cold Cereal
Fruit & Juice

Lunch
Bistek w/ Rice (b)
Daily Vegetable
Fruit

13

Breakfast
Cheese Omelet w/ Rice
Fruit

Lunch
Fish Sandwich
Daily Vegetable
Fruit

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

16

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Chili Dog (b)
Daily Vegetable
Fruit

17

Breakfast
Biscuit Sandwich w/
Sausage (p) and Cheese
Fruit & Juice

Lunch
Beef Tacos
Black Beans
Daily Fruit

18

Breakfast
Sausage Breakfast Pizza (t)
Fruit

Lunch
Orange Chicken
W/ Rice
Daily Vegetable
Fruit

19

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Eggless Loco Moco (b)
with Rice
Daily Vegetable
Fruit

20

Breakfast
Trix Yogurt
Graham Crackers
Fruit

Lunch
Pepperoni Pizza (p)
Daily Vegetable
Fruit

Lunch includes a choice of Fruit, Vegetable or both

23

Breakfast
Stuffed Bagel
Fruit

Lunch
Chicken Ala King
w/ Rice
Daily Vegetable
Fruit

24

Breakfast
Breakfast on a Stick (t)
Fruit & Juice

Lunch
Pork Nachos
w/ Cheese Sauce
Pinto Beans
Fruit

25

Breakfast:
Fried Rice w/ Ham (p) & Egg
Fruit

Lunch
BBQ Pork Sandwich
Daily Vegetable
Assorted Fruit

26

Breakfast:
Cereal Bar
Fruit & Juice

Lunch:
Chicken Drumstick
with Red Rice
Daily Vegetable
Assorted Fruit

27

Breakfast:
Waffles w/ Syrup
Assorted Fruit

Lunch:
Cheesy Breadsticks
w/ Marinara
Assorted Vegetables
Daily Fruit

Weekly Vegetables provide a variety of nutrients from all of the vegetable subgroups

30

Breakfast:
Bagel w/ Cream Cheese
Fruit

Lunch:
Spaghetti w/ Meat Sauce (b)
Assorted Vegetable
Daily Fruit

31

Breakfast:
Breakfast Pizza (t)
Fruit & Juice

Lunch:
Beef Nachos
with Cheese Sauce
Black beans
Assorted Fruit



Menus are subject to change due to product availability

This institution is an equal opportunity provider.

9.25.23